

# RELATIONSHIPS

THE IMPORTANCE OF TEAMWORK





Did you use the feelings chart to support your child's understanding of complex emotions?

Did you try using consequences that encouraged children to discuss and reflect on what went wrong, what they could do differently?

Rate your effort:

Modelling complex emotional vocabulary

Modelling positive reflection when you have made a mistake.







What skills do children need to complete these tasks?

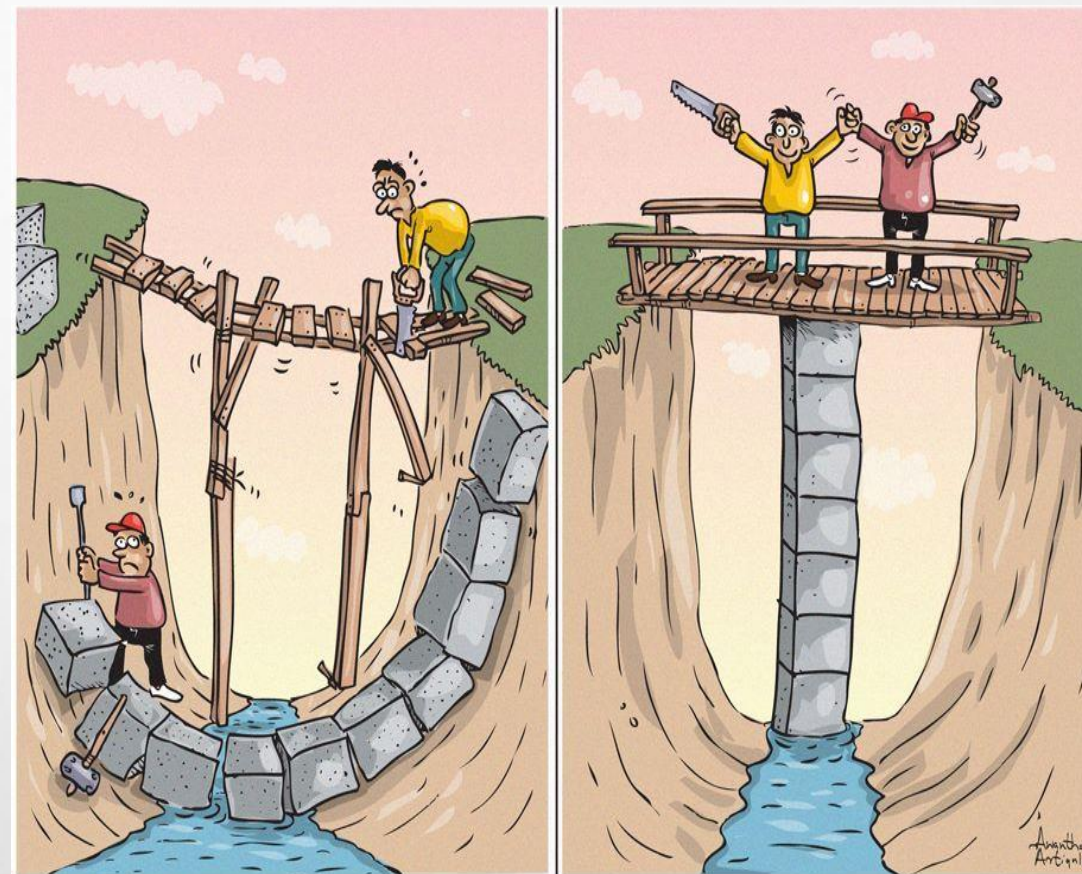




We are all different and some adults and children find it hard to work in a group and work better alone. At school we help children to work independently and in groups. There are many things we can do to help children learn to get on well with others. One of them is to play games with them.

This helps them learn:

- patience and waiting their turn
- how to take turns
- how to lose or win with good grace
- how to listen to others
- how to co-operate
- how to see somebody else's point of view
- how to recognise and understand how somebody else might be feeling
- what is fair and what is unfair



School encourages children to work in groups, some of the time. Working as a team provides the opportunity to:

- share ideas and solutions
- build on each other's ideas
- question each others ideas and develop a deeper understanding
- encourage each other



Giving children the opportunity to work together helps them to 'belong' and feel valued. It helps them to develop important skills, such as:

- how to get along with each other
- learning how to trust others
- developing listening and speaking skills
- how to negotiate and compromise



Teamwork doesn't come naturally, adults need to support children in becoming 'good' team players. It can be difficult when stronger, powerful emotions like assertiveness or stubbornness come into play. As children grow they will be more equipped to deal with losing, not always being first to do something, sharing, listening and empathising with others.

There are many opportunities in the home, to model positive teamwork and develop the skills needed to be a positive, active team member.

- One person folds the laundry, one puts away
- One person sets the table, one person clears the table
- One empties dishwasher, one puts away
- Partner to clean a room in the house, clean the pet cage, pet care



**Language to model:**

- I like the way you're listening.
- I can see you're really trying to be patient.
- You are really good at...(be specific).
- I've noticed how well you compromised/cooperated.

# Give It A Try!

## Model Positive Teamwork-

Encourage taking turns, co-operation and compromise

- Play a board game – Jenga, Scrabble, Pictionary, card games
- Cook/Bake –work together to bake a cake or cook a meal
- Perform a show/play, lip sync contest or karaoke
- Arts & Crafts- create something together, use Lego or junk modelling, collage
- Outdoor play – relay race, obstacle course, football shoot out
- Party games- Pin the tale on the donkey, pass the parcel

You may need:

- Board games
- Baking materials
- Arts & Craft material
- Outdoor play equipment
- Party games



Remember to  
model positive  
teamwork  
behaviour and  
vocabulary





- How successful was the activity?
- What worked well?
- What would you change?
- What did you learn about your child/yourself?

**PARENTWORK for the next week:**

- Model teamwork behaviour and vocabulary
- Facilitate opportunities for children to work as part of a team
- Refer to the Peaceful Problem Solving Process when things go wrong