







Set oven to 200°C/400°F/Gas Mark 6. Put the sugar, flour, yeast, salt, spice and cinnamon in the bowl and stir them together.

Add the butter and cut it up. Rub everything together with your fingertips until the mixture looks like fine breadcrumbs.



Add the fruit, egg and milk.

Mix them together to make a ball of dough. Knead the dough on a floured surface for five minutes.



Roll the dough into two sausages about 60 cm long. Put the sausages side by side and twist them together.

Bend the twist into a ring on the baking tray. Wet the ends of the twist with water and stick them together.

Leave the ring in a warm place until it has doubled in size.

Bake it for 20 to 25 minutes, then move it on to a wire rack, to cool.