



## Eat to Beat Climate Change



Scientists have recently reported that the meat industry has a big effect on carbon emissions and that one way to reduce the impact meat has on the environment is to eat less of it. Some scientists suggest we should eat a vegetarian or 'flexitarian' diet (a diet where meat is eaten once a week or less) to have a significant impact on the environment.

Scientists estimate that every minute, an area of forest the size of 20 football fields is cut down. Although there are many reasons for the deforestation of the Earth's rainforests, one of the main reasons the forests are cleared is to create areas to graze cattle for beef production, or to grow crops to feed the cattle.

By eating vegetarian food for a year, a person could save the same amount of greenhouse gas emissions as not driving their car for 6 months.

Our planet is precious, what will you do to help protect it?

**Retrieve**



What does the phrase 'flexitarian diet' mean?

**Interpret**



Why do you think it is important that scientists know how much forest is being cleared?

**Choice**



The author has finished their writing with a question sentence. Why do you think they have chosen to do this? Why have they underlined the word you?